



Welcome to The Park Danforth, providing quality senior living since 1881.

Find comfort, ease, and friendship in your new home!

- The right size: The Park Danforth is a warm and welcoming community with 216 apartments that vary in size, including market rate rentals, HUD-subsidized apartments and assisted living apartments.
- The right services: Residents love our flexible meal options. Our varied range of life enrichment programs. Our convenient services.
- The right location: The Park Danforth is located in a lovely residential section of Portland, Maine, consistently named one of the most livable cities in the U.S. We're close to shopping, churches, cultural activities, and the glorious Maine coast — what more could a person ask for?




The Park Danforth
THE RIGHT PLACE. THE RIGHT CHOICE.

777 Stevens Avenue, Portland, ME 04103

Phone: 207.797.7710

Fax: 207.797.3627

www.parkdanforth.com



Our Mission

To provide a superior living environment of high quality housing and services designed to enhance the quality of life while respecting personal dignity and individuality.



“The Park Danforth is a non-profit organization and has been around for so long, which appealed to me. Stability and security are important at my age. When I came to tour, I was immediately impressed. People are friendly and helpful, and it has been easy to make new friends. The staff also stay here for years! My apartment is beautiful, and I have a wonderful life at The Park Danforth.

What more could I possibly want?”

- Judy A.


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Dining Services: Flexibility is Key



Flexible Meal Plans

- Choose from a variety of meal plans
- À la carte (“pay as you go”) meal plan available
- Make your own meals in your spacious, fully-equipped kitchen
- Extended meal times fit your lifestyle

Multiple Dining Venues

- Visit our Main Dining Room for an enjoyable, restaurant-style dining experience
- Stop by our Bistro for breakfast or lunch in a more casual, “neighborhood deli” atmosphere
- For your convenience, all dining options are available to-go



“Since I began working here, our dining program has always been lauded as one of the best in our community and we all work very hard to make sure that we live up to those high standards. The residents are also very passionate about our food and are an integral part in making sure that what we’re serving is also what they’re seeking!”

- Ried Snyder, Executive Chef




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"I absolutely love the residents here and consider them family. I have lived my entire life in Deering Center and often share a good laugh with residents when we realize a mutual connection!"

- Melissa, Dining Services Coordinator and Hostess

Dinner Menu

Soup of the Day
Cream of Asparagus

Dinner Choices
Sesame Ginger Chicken Breast
Roasted Vegetable Kabobs
Baked Haddock with Fresh Salsa
Apple BBQ Pulled Pork

**All entrees will be served with your choice of vegetable and potato*

Bistro Options

Homemade Soups & Chowders
Today's Specials:
Classic Tomato & Minestrone

Create Your Own Flatbread
Today's Special: Hawaiian

Fresh, Crisp Salads
Today's specials: Caesar, Greek,
and Summer Asian Slaw

Made to Order Sandwiches
Today's Specials: Reuben and
Chicken Walnut Salad

**All meals include your choice of two sides and a beverage*


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Independent Living at The Park Danforth



Standard Services Package

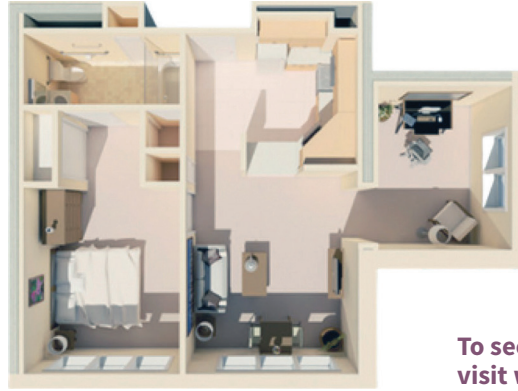
- Flexible meal plans to fit your needs
- Social life enrichment programs
- Community services coordination
- 24-hour emergency staff onsite
- Transportation to grocer, bank and pharmacy
- Daily resident safety check ins
- Exercise/fitness programs
- All utilities (except for phone)
- Onsite friendly maintenance team



One Bedroom Apartment (625 sq. ft.)



One Bedroom Plus Apartment (760 sq. ft.)



Additional Services*

- Guest apartment
 - Laundry
 - Housekeeping
 - Underground parking
- * Provided at an additional cost

To see all of our assisted living floor plans, visit www.parkdanforth.com




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Independent Living at The Park Danforth



The Park Danforth offers a range of independent living options to match your lifestyle and your budget:

- 110 market rate, one-bedroom, one-bedroom plus and two-bedroom apartments
- 70 federally assisted studio and one-bedroom apartments

Each one-bedroom apartment has a full kitchen, dining area, living room, private bath, and bedroom. One-bedroom plus and two-bedroom apartments offer more spacious accommodations, with some featuring guest quarters or a den. Some apartments even have balconies or patios! And all of our apartments are equipped with an emergency call system and include basic cable and Wi-Fi, regardless of size.



“Ted and I were finding it more difficult to keep up with the maintenance and upkeep of our house, so we decided to start looking at senior living communities. We toured other communities, but everyone at The Park Danforth was so friendly! Ted and I have worked hard our whole lives and how we manage our resources is very important, so the financial options they offer here were very appealing. The locations on Stevens Avenue and the whole Deering area feels like a warm community - it feels like home.”

- Delores V.

Just a Few Social Activities and Life Enrichment Programs

- Our spacious auditorium accommodates larger group programs
- Professional entertainers perform in various locations on campus
- Films are shown in our acoustically-designed theater
- Artistic endeavors are hosted in our Creative Corner
- Various health and fitness programs are held in our Wellness Center
- Spiritual offerings are conducted regularly
- Special interest groups are created and run by our residents


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For those who can no longer live alone or need special assistance with their daily routines, Clark's Terrace at The Park Danforth is assisted living at its best.

Named for Samuel Clark Jr., a visionary and generous benefactor, the Clark's Terrace Assisted Living Program offers friendly, flexible, customized social and personal services that provide a welcome haven for respite and healthy recuperation. Our around-the-clock staff is dedicated to supporting each individual's personal dignity and independence.

Including three meals a day, each of our thirty-six private apartments features a kitchenette with a refrigerator and microwave, private bath, and emergency call system. Standard suites provide a combined living/sleeping area, while deluxe suites feature more spacious accommodations or a separate sleeping area.



“Chandeliers and oriental rugs don’t impress me, but a warm, supportive environment does. That’s what I found here at The Park Danforth. I feel comfortable and safe in my new home. I couldn’t have made a better choice.”

- Connie R.

Why Clark's Terrace?

- No cost increase for changes in level of care
- All apartments are private with your own bathroom
- Our rates include 24/7 care from attentive staff
- Spacious private dining room and library
- Special life enrichment programming
- Maine Care subsidized private apartments available
- Because Clark's Terrace is an integral part of our main campus, residents can take advantage of all our dining venues and attend any Life Enrichment programs offered in our community


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Standard Services Package

- Three meals a day
- Social activities program
- Service coordination
- Housekeeping
- Transportation to grocer and medical appointments
- 24-hour personal care staff
- Nutritional counseling
- Medication supervision and administration
- Personal care services
- Nursing supervision of health issues
- Personal laundry service



Sample Floor Plan

Assisted Living Studio (274 square feet)



To see all of our assisted living floor plans, visit www.parkdanforth.com

Dining in Clark's Terrace

The Clark's Terrace Dining Room, a private dining space in our assisted living wing, offers three meals each day. Residents greet the morning with traditional breakfast choices - everything from omelets to waffles - and end with a lite supper. Clark's Terrace residents are welcome to dine in any venue on campus if they would like a change of scenery. Common spaces, such as our beautiful courtyard garden, are available and easily accessible to both independent and assisted living residents.




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Independent Living - No Community, Application, or Second Person Fee

Apartment Type	Monthly Rental Fee*
One-Bedroom	Starts at \$3,047
One-Bedroom PLUS	Starts at \$3,783
Two-Bedrooms	Starts at \$5,154
Studio (Federally Assisted - HUD)	Rent subject to income
One-Bedroom (Federally Assisted - HUD)	Rent subject to income

*Prices effective July 1, 2024 (may be subject to change)

Independent Living Services

- Social activity programs
- Surface level parking
- 24-hour emergency staff
- Transportation to grocer
- Daily check in
- Exercise/fitness programs
- All utilities included (except phone)
- Community services coordination

Services Available with an Additional Fee

- Dining plans
- Underground garage parking
- Home support services (laundry and housekeeping)

Clark's Terrace Assisted Living - No Additional Charges for Increased Level of Care

Apartment Type	Monthly Rental Fee* (includes standard services package)
Studio with private bath (several sizes offered)	Starts at \$7,604 (+6% Maine State service provider tax (\$250/day))
One-Bedroom with private bath	Starts at \$9,183 (+6% Maine State service provider tax (\$302/day))

*Prices effective July 1, 2024 (may be subject to change)

For double occupancy, the fee will be \$134 per day for the second occupant

Assisted Living rates are subject to increase by amount of applicable State Service Provider Tax, currently 6%

Clark's Terrace Services

- Three meals per day
- Social activity programs
- Service coordination
- Housekeeping and personal laundry service
- 24-hour emergency staff
- Nutritional counseling
- Transportation to grocer and medical appointments
- Personal care services
- Nursing supervision of health issues
- Medication administration



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